



CAN
CANUCKS AUTISM NETWORK

**Going to
*Swim!***



Learning to swim is really fun!





I will play fun games with my support worker in the water.



I will listen to
the coach and
my support
worker
so we can
have fun!



I will wear a bathing suit and will shower before entering the water.



I will work on my swim skills like front float, kicking and bubbles.

There will be new activities I get to try! If I need help I can ask my coaches.





Or I can ask for a
break.

I will be a good team player by being positive and following instructions.





At the end
we will do a
Team Cheer!



I will have fun at swim!