



Going to SKATE!









I will learn and practice my skating skills.











I will put on my helmet to protect my head. I will make sure the straps are secure.

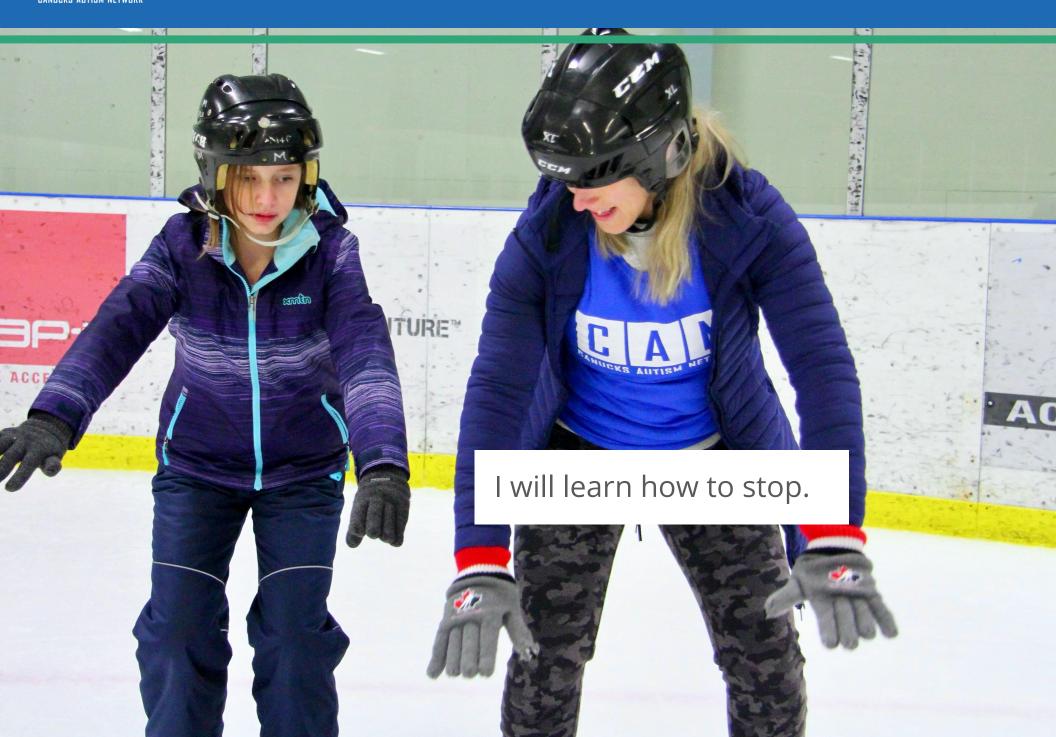






I will learn how to skate.







I will learn how to glide.







If I need help, I can ask my coaches.



Or I can ask for a break.



I will be a good team player by being positive and following Instructions.





