

Active & Multisport



Active and Multisport is really fun!



I will play games where I move my body.



The coaches will help me learn and have fun!



When I arrive at Active or Multisport, first I will wait outside.



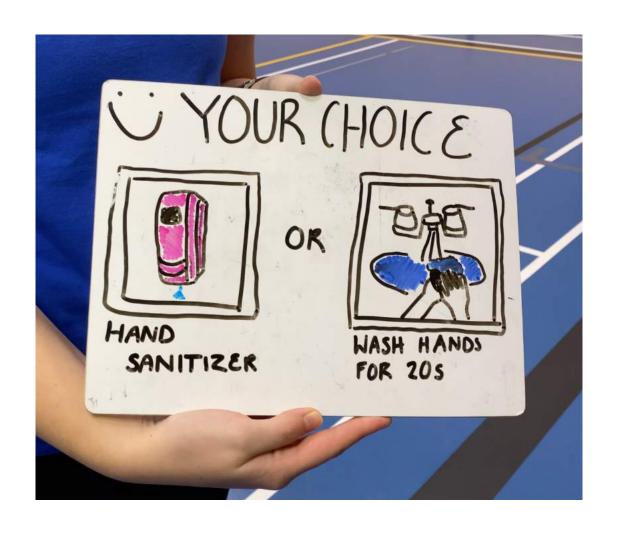
I will see Coaches wearing masks to keep everyone safe.



Coach will ask me a few questions to make sure I am healthy and ready to play!



I will keep my distance from others and keep my hands to myself.

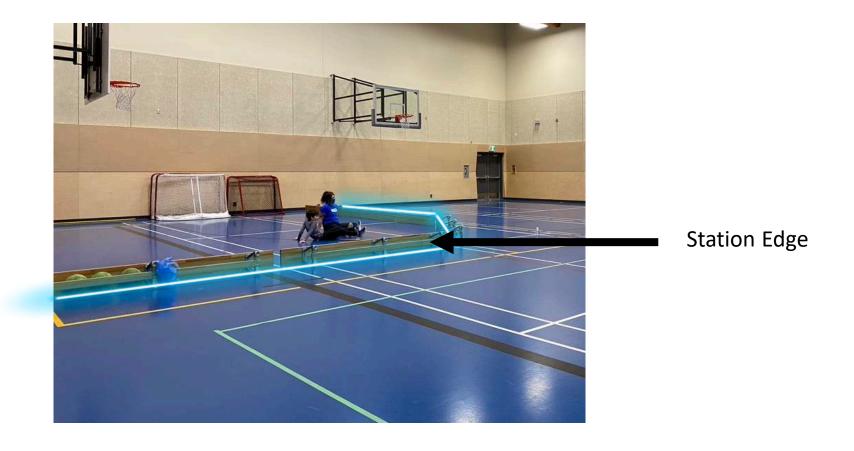


I will wash my hands or use hand sanitizer.



Coach will lead me to a station.

I will stay at my station.



I will only leave my station when Coach says it is okay.

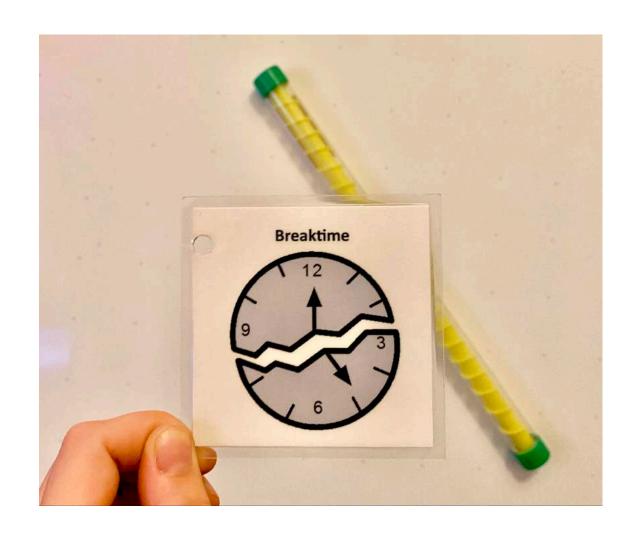


I will listen to the Coaches.



I will try new activities!

If I need help, I can ask my Coaches.



Or I can ask for a break.



I can be a good team player by being positive and following instructions.



At the end we will have Team Cheer!



I will have fun at CAN!