



# Summer Leisure Guide

## July-August 2019

Lower Mainland | Interior | Vancouver Island



# Important Reminders



**Online registration dates for summer programs vary. Please check program pages for specific dates.**

**[CAN Membership](#) is required for registration.**

## Registration

- Registration requests first go to a PENDING status, meaning that no spots are provided on a first-come, first-served basis.
- The registration system has a ranking feature that allows participants to identify the order of preference for program requests.
  - ◇ While we do our best to accommodate preferences, they are **not** guaranteed.
  - ◇ Participants are encouraged to request and rank all programs and locations of interest in order to help us better identify demand. This will help guide our future programming decisions and highlight areas most in need of fundraising support.

## Waitlists

- Due to the popularity of select programs, waitlists will occur.
- Don't be discouraged by waitlists. Being on a waitlist positively impacts your chances of enrolment for future seasons.

## Registration Guidelines

- Our goal is to accommodate as many unique individuals with autism as possible throughout the year.

## Vancouver Island

### Nanaimo

- Family Event (All Ages)
- Monthly Youth and Young Adult Program (13-17yrs, 18+yrs)

### Keats Island

- Overnight Camp (6+yrs)

## Interior

### Kamloops

- Family Event (All Ages)
- Bike (3-6yrs, 7-12yrs)

### Kelowna

- Family Event (All Ages)
- Summer Day Camp (7-17yrs & 16yrs+)

## Lower Mainland

### Coquitlam

- Monthly Youth and Young Adult Program (13-17yrs, 18+yrs)

### Vancouver

- Summer Day Camps (7-17yrs)  
*Half Day & Full Day Options Available*
- Youth and Young Adult Day Camps (13-17yrs, 18+yrs)





Canucks Autism Network (CAN) provides year-round sports and recreation programs for children, youth, young adults and families living with autism while increasing awareness and providing training in communities across BC. The CAN team consists of a diverse group of trained staff, experienced support workers and dedicated volunteers who administer programs in safe and supportive environments.

### Interested in signing up for CAN programs?

If you are interesting in participating in CAN programs, you must first sign up for an online CAN Participant Membership. Please visit: <https://canucksautismprograms.ca> to begin this process.

### Already a member?

If you are already a member and you know that registration is open for programs that interest you, please log into your account and continue to complete your program registration at: <https://canucksautismprograms.ca>.

*Find information about our programs, including registration information, eligibility, as well as program locations and times, by clicking on any of the programs listed below.*

SUMMER PROGRAM	AGE GROUPS
<a href="#">Bike (Kamloops)</a>	3-6yrs, 7-12yrs
<a href="#">Family Events</a>	All Ages
<a href="#">Monthly Youth and Young Adult Program</a>	13-17yrs, 18+yrs
<a href="#">Summer Day Camp (Kelowna)</a>	7-17yrs & 16+yrs
<a href="#">Summer Day Camp (Vancouver)</a>	7-12yrs
<a href="#">Overnight Camp</a>	6+yrs
<a href="#">Youth and Young Adult Day Camp (Vancouver)</a>	13+yrs

Monthly reminders of upcoming Canucks Autism Network programs and registration dates can be accessed through the CAN email newsletter. Keep an eye on your inbox at the start of each month for these email reminders.

[Access past newsletters.](#)

[Sign up to receive newsletters.](#)

Bike teaches basic bike skills such as learning to ride without training wheels, stopping, turning and road safety rules. As participants build confidence, the program provides opportunities for trail riding. Each day, lessons will include a mix of individual practice and group games that work on skills such as balance, pedaling, steering and braking.

Participants enrolled into the Bike program must provide their own bike and helmet. This program is intended for those who cannot ride a bike.

## Program Structure

**Duration:** 5 days, 1hr/day

**Seasons:** Summer

**Cost:** \$30

**Ages:** 8-6yrs, 7-12yrs

**Siblings:** No

Canucks Autism Network has prepared a [Bike Activity Storybook](#) for those families



## Summer Bike Location and Times\*

City	Facility	Age	Time	Week
Kamloops	David Thompson Elementary School	3-6yrs	5:30pm-6:30pm	Mon, Jul 8—Fri, Jul 12
Kamloops	David Thompson Elementary School	7-12yrs	6:30pm-7:30pm	Mon, Jul 8—Fri, July 12

*\*All program information is subject to change. For the most up-to-date information, please visit: [www.canucksautism.ca](http://www.canucksautism.ca).*

**Online registration for Kamloops Bike is open to pending enrolment from Monday, May 27 at noon to Friday, May 31 at noon. Participants will be notified of their registration status by end of day on Friday, June 7.** For more information on program registration, please see [page 14](#).

Day Camps offer participants with autism, and their siblings, the opportunity to attend themed day camps. Each week, the day camp will have a different theme, which include sports, arts and crafts, adventure, and science. Participants will have the opportunity to go on unique community outings in the afternoons, which include paddle boarding, swimming and various outdoor activities. The high ratio of staff provided help participants to enjoy the themed activities, as well as encourage participants to get to know each other and build peer relationships.



## Summer 2019 Kelowna Day Camp Location and Times\*

City	Facility	Age	Week	Time	Theme
Kelowna	Graham St. Boys and Girls Club	7-17yrs	Mon, Jul 15–Fri, Jul 19	9:00am-3:30pm daily	Multisport and Challenger Baseball
Kelowna	The Innovation Centre	16+yrs	Mon, Jul 22-Fri, Jul 26	9:00am-3:30pm daily	Learn to Code Youth & Young Adults
Kelowna	Graham St. Boys and Girls Club	7-17yrs	Mon, Jul 29-Fri, Aug 2	9:00am-3:30pm daily	Inventors Workshop & Creative Campers
Kelowna	Graham St. Boys and Girls Club	7-17yrs	Tues, Aug 6-Fri, Aug 9	9:00am-3:30pm daily	Adventureland

\*All program information is subject to change. For the most up-to-date information, please visit: [www.canucksautism.ca](http://www.canucksautism.ca).

**Online registration for Kelowna Day Camps is open to pending enrolment from Monday, May 27 at noon to Friday, May 31 at noon. Participants will be notified of their registration status by end of day on Friday, June 7.** For more information on program registration, please see [page 14](#).

## **Multisport and Challenger Baseball Camp - July 15 - July 19**

### **Boys and Girls Club — Graham St.**

This full day camp offers participants with autism aged 7-17yrs , and their siblings, the opportunity to participate in a variety of sports and activities. These may include soccer, football, basketball, and outdoor recreational activities. Participants will also have 2 full days of programming delivered by the Challenger Baseball Program. The high ratio of staff provided helps participants to enjoy the activities, as well as encourage participants to get to know each other and build peer relationships.

## **Learn to Code Camp (Youth & Young Adults) - July 22 - July 26**

### **Innovation Center**

This full day camp offers participants with autism aged 16+ the opportunity to participate in a variety of intro to coding activities. The Code Mobile team will be delivering coding lessons in the morning, while participants have the opportunity to go on unique community outings in the afternoon. The high ratio of staff provided helps participants to enjoy the activities, as well as encourage participants to get to know each other and build peer relationships.

## **Inventors Workshop and Creative Campers - July 29 - August 2**

### **Boys and Girls Club — Graham St.**

This full day camp is a great opportunity for participants with autism aged 7-17yrs, and their siblings, to use their creative and engineering skills through various science and imaginative activities within a fun, safe and highly supportive environment. Mornings will include a mix of activities like arts and crafts, as well as, science experiments and building activities. Afternoons will be filled with community outings such as paddle boarding, swimming and beach activities.

## **Adventureland - August 6 - August 9**

### **Boys and Girls Club — Graham St.**

This full day camp is a great opportunity for participants with autism aged 7-17yrs, and their siblings, to explore their adventurous side by trying a variety of activities in a fun, safe and highly supportive environment. Mornings will include a mix of activities like geocaching, exploration activities and adventure races. Afternoons will be filled with community outings such as paddle boarding, swimming and beach activities.

## Program Structure

**Duration:** 5 days, 7 hours/day

**Seasons:** Summer

**Cost:** \$150

**Ages:** 7-12yrs

**Siblings:** No



## Summer 2019 Summer Full Day Camp Vancouver Location and Times\*

City	Facility	Week	Time	Theme
Vancouver	Britannia Community Centre	Mon, Jul 15-Fri, Jul 19	9:00am-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Jul 22- Fri, Jul 26	9:00am-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Jul 29- Fri, Aug 2	9:00am-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Aug 12- Fri, Aug 16	9:00am-4:00pm daily	Sports & Activities <a href="#">see example schedule</a>

\*All program information is subject to change. For the most up-to-date information, please visit: [www.canucksautism.ca](http://www.canucksautism.ca).

**Online registration for Summer Day Camp in Vancouver is open to pending enrolment from Monday, May 27 at noon to Friday, May 31 at noon. Participants will be notified of their registration status by end of day on Friday, June 7.** For more information on program registration, please see [page 14](#).



## Program Structure

**Duration:** 5 days,  
3 hours/day

**Seasons:** Summer

**Cost:** \$75

**Ages:** 7-12yrs

**Siblings:** No

## Summer 2019 Summer Half Day Camp Vancouver Location and Times\*

City	Facility	Week	Time	Theme
Vancouver	Britannia Community Centre	Mon, Jul 8– Fri, Jul 12	9:00am-12:00pm; or 1:00pm-4:00pm daily	Bike* and Activities <i>*Intended for participants completely new to biking</i>
Vancouver	Britannia Community Centre	Mon, Jul 15—Fri, Jul 19	9:00am-12:00pm; or 1:00pm-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Jul 22- Fri, Jul 26	9:00am-12:00pm; or 1:00pm-4:00pm daily	Sports & Activities— <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Jul 29- Fri, Aug 2	9:00am-12:00pm; or 1:00pm-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>
Vancouver	Britannia Community Centre	Mon, Aug 12- Fri, Aug 16	9:00am-12:00pm; or 1:00pm-4:00pm daily	Sports & Activities - <a href="#">see example schedule</a>

\*All program information is subject to change. For the most up-to-date information, please visit: [www.canucksautism.ca](http://www.canucksautism.ca).

**Online registration for Summer Half Day Camp in Vancouver is open to pending enrolment from Monday, May 27 at noon to Friday, May 31 at noon. Participants will be notified of their registration status by end of day on Friday, June 7.** For more information on program registration, please see [page 14](#).



## Program Structure Full Day Camp

**Duration:** 4 days, 7 hours/day

**Season:** Summer

**Cost:** \$120

**Ages:** 13yrs+

**Siblings:** No

Full Day

### Summer 2019 Full Day Camp Vancouver Location and Times\*

City	Facility	Week	Time	Theme
Vancouver	Britannia Community Centre	Tue, Aug 6- Fri, Aug 9	9:00am-4:00pm Daily	Sports & Activities - <a href="#">see example schedule</a>



## Program Structure Half Day Camp

**Duration:** 4 days, 3 hours/day

**Season:** Summer

**Cost:** \$60

**Ages:** 13yrs+

**Siblings:** No

Half Day

### Summer 2019 Half Day Camp Vancouver Location and Times\*

City	Facility	Week	Time	Theme
Vancouver	Britannia Community Centre	Tue, Aug 6- Fri, Aug 9	9:00am-12:00pm; or 1:00pm-4:00pm Daily	Sports & Activities - <a href="#">see example schedule</a>

\*All program information is subject to change. For the most up-to-date information, please visit: [www.canucksautism.ca](http://www.canucksautism.ca).

Online registration for Summer Day Camp in Vancouver is open to pending enrolment from Monday, May 27 at noon to Friday, May 31 at noon. Participants will be notified of their registration status by end of day on Friday, June 7. For more information on program registration, please see [page 14](#).

The purpose of the youth and young adult monthly programs is to provide the opportunity for youth and young adults with autism to get together and have a good time in a safe and supportive environment, without committing to multiple sessions. Activities vary each month so that you can connect with others who have similar interests and also try something new!



### Program Structure

**Duration:** 1 day event, length varies from 1-3hrs

**Season:** Summer

**Cost:** No cost

**Siblings:** No

**Session Structure:**

## Summer 2019 Monthly Youth and Young Adult Program Location and Times\*

### Lower Mainland, 13-17yrs, 18+yrs

City	Facility	Activity	Date & Time	Reg. Opens	Reg. Closes
Coquitlam (13-17yrs)	Eaglequest Golf	Golfing	Sun, Jul 14 10:30am-12:00pm	Mon, Jun 10, at Noon	Fri, Jun 14, at Noon
Coquitlam (18yrs+)	Eaglequest Golf	Golfing	Sun, Jul 21 10:30am-12:00pm	Mon, Jun 10, at Noon	Fri, Jun 14, at Noon

### Vancouver Island, 13-17yrs, 18+yrs\*

City	Facility	Activity	Date & Time	Reg. Opens	Reg. Closes
Nanaimo	TBA	TBA - June newsletter	July - Dates & Times TBA	Mon, Jun 10, at Noon	Fri, Jun 14, at Noon
Nanaimo	TBA	TBA - July newsletter	August - Dates & Times TBA	Mon, Jul 8, at Noon	Fri, Jul 12, at Noon
Victoria	TBA	TBA - July newsletter	August - Dates & Times TBA	Mon, Jul 8, at Noon	Fri, Jul 12, at Noon

### Interior, 13-17yrs, 18+yrs\*

City	Facility	Activity	Date & Time	Reg. Opens	Reg. Closes
Kamloops	TBA	TBA - July newsletter	August - Dates & Times TBA	Mon, Jul 8, at Noon	Fri, Jul 12, sat Noon

\*Details to be confirmed. Refer to monthly newsletter.

The purpose of Family Events is to provide families with opportunities to enjoy a variety of fun activities in a safe, supportive, non-judgmental environment.

Canucks Autism Network offers a range of activities throughout the year that are open to the entire family, with all ages welcome.

Due to the nature of Family Events, 1:1 support is not available, however, each Family Event is supported by many helpful volunteers.



City	Facility	Activity	Date & Time	Reg. Opens	Reg.Closes
Kamloops	BC Wildlife Park	Pancake breakfast, animal exhibit, waterpark	Sun, July 14; Time TBA	Keep an eye out for updates in the June newsletter	
Kelowna	19 Greens Kelowna	Mini Golf	Thu, Aug 8; time TBA	Keep an eye out for updates in the July newsletter	
Nanaimo	Riptide Lagoon	Mini Golf	Sun, Jul 7; Time TBA	Keep an eye out for updates in the June newsletter	

Overnight Camp is an opportunity for participants with autism to experience an unforgettable outdoor experience in an organized group setting, where participants are encouraged to try new things and connect with peers. A high ratio of staff is provided to ensure a safe and successful overnight experience for all.

Activities include boating, ropes course, archery, rock climbing, ocean swimming, field games, campfires and more! Participants are grouped according to age for all camp activities and sleeping accommodations.



## Summer 2019 Overnight Camps - Locations & Dates

Facility	Fee	Duration	Date & Time
Keats Camp	\$500	3 Days	Tue, Aug 27 to Thu, Aug 29

***Those participants confirmed into a 2019 Overnight Camp, must be committed to the following:***

- Pay camp fee (\$500 for 3-day camp; submit a completed CAN medical form signed by a physician which is due to the CAN office Friday, June 29)
- Submit a completed online camper information form which will be sent to confirmed campers in early July
- Providing their own transportation to and from the drop off locations in Vancouver
- Attend the entire duration of the camp

***\*By completing the online program registration for Overnight Camp, you are acknowledging that you understand and accept these conditions.***

## Registration for Summer 2019 Overnight Camp

- Online registration is open from Monday, May 13, at noon—Friday, May 17, at noon
- All registrations will be listed as **PENDING**, meaning that enrolment is not confirmed.
- All participants who submit requests during the online registration period will be notified of their registration status by end of day on Friday, May 24.
- Due to the high demand for this program, confirmed enrolment is not guaranteed. Our goal with registration is to accommodate as many unique individuals into programs as possible throughout the year, as well as offer new opportunities to interested participants.

# Additional Information

## Parent Collaboration

At Canucks Autism Network (CAN), we strive to meet the needs of each participant through parent collaboration. Our staff receive training on a variety of support strategies for children, youth and young adults with autism.

Please do not hesitate to speak with coaches and support staff about strategies to use with your child (e.g. Visual schedules, first-then boards, token systems, social stories, etc). We welcome any and all feedback in-person, season surveys, or by email: [feedback@canucksautism.ca](mailto:feedback@canucksautism.ca)

## Online Program Registration

For the majority of our programs, we use a registration process called Pending Enrolment. This means that spots are not provided on a first-come, first-served basis, and that requests received are pending confirmation. All those who submit registration requests during the online registration period, will be notified of their updated registration status within seven days of registration closing.

The Pending Enrolment registration process is used so that we can accommodate as many unique individuals into CAN programs throughout the year as possible. It also allows for more participants to have the opportunity to try new programs and activities.

Due to the high demand for CAN programs, confirmed enrolment is not guaranteed.



# Additional Information



## Program Support

Participants are supported by trained program coaches, experienced support workers and dedicated volunteers.

- We strive to meet the needs of each participant and encourage parents to speak with program coaches and staff about useful support strategies such as visual schedules, first-then boards, token systems, activity storybooks, etc.

## Summer Program Registration Process

- All registration requests will have a status of PENDING, meaning that there are no spots available on a first-come, first-served basis.
- Those who miss the online registration period may request to be added to a program waitlist by emailing [info@canucksautism.ca](mailto:info@canucksautism.ca), with the participant's name and age, as well as the program name, location, and time.

## Important Reminders

- The registration system has a ranking feature that allows participants to identify the order of preference for program requests. While we do our best to accommodate preferences, they are **not** guaranteed.
- Due to the high interest in programs, we anticipate that we will not be able to accommodate all those interested in attending.
- Our goal is to accommodate as many individuals with autism as possible throughout the year.

# Program Fees



**For some Canucks Autism Network programs, there is a highly subsidized program fee. CAN does not wish for a fee to act as a barrier to participation, and along with traditional payment methods (i.e. credit card, cheque, and cash) participants may also process their fee through one of the following options:**

## **1. Autism Funding**

- Parents/guardians of participants' ages 6-18 are able to submit a Request to Pay form to Autism Funding for the program fee
- For participants 5yrs and younger, parents/guardians are welcome to contact Autism Funding to inquire about the eligibility of a program fee being covered through a participant's funding

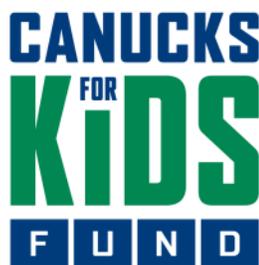
## **2. CAN Fee Assistance Program**

- The CAN Fee Assistance Program helps to alleviate any financial barriers to participation
- For more information, please email: [info@canucksautism.ca](mailto:info@canucksautism.ca)

## **3. Additional Payment Options**

- CAN is open to working with participants to process program fee payments through additional routes, including bursaries

# Thank You to Our Sponsors



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## Active, Sports, Swim, and Monthly/Weekly Youth & Young Adult Programs

Proudly supported by:



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## Kelowna Programs, Training, and Events

Proudly supported by:



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## Kelowna Monthly and Weekly Youth and Young Adult Program

Proudly supported by:

**Merrifield Family Foundation**

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## Kelowna Summer Day Camps

Proudly supported by:





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