

Communicable Disease Prevention Plan



Last updated: August 2022

Communicable Disease Prevention Plan | Canucks Autism Network

Hello CAN Participants, Families, Staff and Volunteers,

Thank you for your ongoing patience and support. Our team continues to work hard to ensure that CAN programs are offered in accordance with the latest provincial health guidelines. Should [public health guidelines](#) change, CAN will update its policies and procedures.

- **Proof Of Vaccination:**
 - At this time, proof of vaccination is not required in any facilities where CAN programs operate, and will not be required by CAN for staff or members.
 - If provincial guidelines and recommendations change, CAN and facilities where we operate do have the right to change this requirement. We will respect and follow their right to require proof.

- **Masks:**
 - Anyone who wishes to is welcome to wear a mask. We ask that everyone please respect and support each others' decision.
 - For safety reasons, mask use is prohibited in aquatic environments (i.e. while swimming).

- **Health Screening:**
 - **For the health and safety of all participants, staff and volunteers, please stay home if you are sick.**
 - All program participants, staff and volunteers are asked to self-assess for COVID-19 symptoms before leaving home to attend their program.
 - Please reference [COVID-19 BC Self-Assessment Tool](#) to self-assess.
 - If you have had **close contact with someone (at least 15 minutes when health and safety measures were not in place or inadequate) who tested positive for COVID-19**, please do the following as per the [BCCDC](#):
 - Self-monitor for symptoms of COVID-19;
 - If you develop symptoms, stay home until you are well enough to participate in your usual activities.

- **Physical Distancing**
 - Physical distancing not required while participating in CAN programs.

This document outlines the safety measures that participants are expected to follow prior to arriving and while at the program, as well as processes that our staff and volunteers will implement when delivering the in-person programs.

These measures have been established in accordance with recommendations from WorkSafe BC, the Provincial Health Authority of BC, viaSport and BC Parks and Recreation Association.

To participate in CAN programs, you must read and agree to the terms and protocols outlined in this document.

Protocol Prior to Arriving at Program

Participants, staff and volunteers must self-screen for COVID-19 symptoms in accordance with BCCDC Guidelines before arriving at each session. **Participants, staff and volunteers should not attend the program if they are sick.**

Health Protocols at Programs

HANDWASHING

Rigorous hand washing with plain soap and water is the most effective way to reduce the spread of illness. To ensure program safety, everyone must practice diligent hand hygiene. CAN staff will encourage and reinforce these practices with participants regularly during the program.

Participants will be required to wash or sanitize their hands in all of the following situations:

- After using the toilet
- After sneezing or coughing
- Before eating any food
- Whenever hands appear visibly dirty
- After contact with bodily fluids (i.e., runny noses, spit, vomit, blood)
- When putting on or removing masks (if the participant is wearing a mask)

RESPIRATORY AND PERSONAL HYGIENE

Respiratory hygiene is also essential for program safety. Participants, staff, and volunteers who need to cough/sneeze must do so into their elbow sleeve or a tissue, refrain from touching their face, and wash hands immediately.

MASKS

Anyone who wishes to wear a mask during any CAN program is welcome to, with the exception of aquatic environments, where masks are prohibited for safety reasons.

ILLNESS ON SITE

Participants, staff, and volunteers who become ill must leave the program immediately. Participant who exhibit signs of illness will be guided into the facility-designated quarantine area, as determined in the facility's own communicable disease prevention plans. Parents/guardians will be notified and asked to pick-up the participant immediately.

CAN staff who supervise the participant while they wait to be picked up will be encouraged to wear a mask. The participant will also be asked to wear a mask and maintain physical distancing. Staff are then asked to immediately disinfect surfaces the participant came into contact with after they have left the premises.

Questions or concerns?

If you have any questions or concerns about this document, please email: info@canucksautism.ca