

Communicable Disease Prevention Plan



Last updated: November 2022

Communicable Disease Prevention Plan | Canucks Autism Network

CAN Participants, Families, Staff and Volunteers,

Our team continues to work hard to ensure that CAN programs are offered in accordance with the latest provincial health guidelines.

The information included in this document is intended to reduce the risk of communicable diseases such as COVID 19, influenza, and other seasonal illness, and is based on the current recommendations provided by the BCCDC and WorkSafe BC.

Stay Home when Sick

- We encourage all participants, staff, and volunteers to stay home when feeling sick
- The BCCDC currently recommends that individuals who test positive for COVID-19 stay home until their fever is resolved and they feel well enough to participate in activities.
- Individuals who indicate that they are feeling unwell, or who exhibit symptoms such as fever, chills, diarrhea or vomiting, will be sent home immediately at the discretion of the Onsite Supervisor (OS).
- Close contacts of those who have tested positive for COVID are no longer required to self-isolate as per BCCDC guidelines.

Masks

- Anyone is welcome to wear a mask. We ask that everyone please respect and support each others' personal decision.
- Anyone wishing to wear a mask will be asked to bring their own as CAN will not have a supply of masks on-hand.
- For safety reasons, mask use is prohibited in aquatic environments (i.e. while swimming).



Practices to Reduce Risk at CAN Programs

HANDWASHING

Rigorous hand washing with plain soap and water is the most effective way to reduce the spread of illness.

Participants will be required to wash or sanitize their hands in all of the following situations:

- After using the toilet
- After sneezing or coughing
- Before eating any food
- Whenever hands appear visibly dirty
- After contact with bodily fluids (i.e., runny noses, spit, vomit, blood)
- When putting on or removing masks (if the participant is wearing a mask)

RESPIRATORY AND PERSONAL HYGIENE

Respiratory hygiene is also essential for program safety. Participants, staff, and volunteers who need to cough/sneeze must do so into their elbow sleeve or a tissue, refrain from touching their face, equipment, or others, and wash their hands immediately.

ILLNESS ON SITE

In cases where a participant is sent home due to illness (at the discretion of the OS), CAN staff who wait with the participant for their ride will be encouraged to wear a mask and maintain physical distance. If the participant is able to wear a mask, they will be asked to do so. Staff will then disinfect any surfaces the participant may have touched after they have left the premises.

CLEANING

CAN programs operate in a wide range of facilities (i.e., recreation centres, school gymnasiums), each with cleaning protocols appropriate to industry standards. CAN will follow the protocols of each facility.

Questions or concerns?

If you have any questions or concerns about this document, please email: info@canucksautism.ca.