

# Building Rapport with Participants on the Autism Spectrum



## Key Strategies



### Establish a Common Interest

Ask questions, share own interests, look for hints on clothing



### Incorporate Interests

Weave their interests into activities to build motivation



### Create Positive Interactions

Offer positive feedback, high fives and encouragement

Building rapport can increase:

- **Trust & connection**
- **Engagement**
- **Motivation**
- **Positive experiences with sport**

Invest time to establish and maintain a strong relationship. Consistency is key.

