

Collaborating with Caregivers

Asking questions leads to better support



Questions to Ask



What does the child like?

Ex. TV shows, video games, animals or activities



Anything that should be avoided?

Ex. sensory sensitivities, general dislikes or triggering words



What are your main goals ?

Sport skills may not take priority over having fun, making friends, etc.



Which support strategies help?

Ex. short instructions, closed choices or transition warnings

Personalized information about each athlete's likes and dislikes, goals, and support needs can set the stage for success in sport.

Start your relationships with caregivers in a collaborative and positive manner and encourage open communication and dialogue.

