

Talking with Other Parents about an Athlete on the Spectrum



Questions to Ask



Remind them of the program's values

Whether they include participation, inclusion, or just having fun!



Keep confidential information private

Respect the wishes of the athlete and their family as they may not want their diagnosis disclosed.



Focus on addressing general issues

Describe how you will manage behaviour and problems, not individual diagnoses.



Have a team code of conduct

Ensure parents and athletes are aware of it and refer to it regularly.

Sometimes coaches struggle with how to communicate with other parents when questions are asked about an Autistic athlete on the team.

Everyone has a right to participate in sport and recreation in their community — encourage them to be part of the solution!

