



Restart Plan

Helping Individuals on the Autism Spectrum,
their Families, and Community Groups Safely
Return to In-Person Programs and Events

Stay up-to-date: canucksautism.ca/health

Last revised: July 2021



Navigating Change Together.

The health and well-being of our participants, families, staff, volunteers and everyone involved in Canucks Autism Network (CAN) programs and events is our top priority.

We have developed the following **COVID-19 Restart Plan** based on the framework of prevention and risk mitigation, with the specific needs of individuals on the autism spectrum and their families in mind.

We encourage all CAN members, staff, volunteers, and supporters to follow provincial health guidelines. For COVID-19 updates and recommendations, visit: bccdc.ca

Phase 1

**Ended:
July 2020**



In-Person Opportunities: Programs & Training	Regional Offerings	Types of Programs	Virtual Programs	Fundraising
<ul style="list-style-type: none">• No in-person programming or family events• Training workshops available online only	<ul style="list-style-type: none">• Virtual program offerings: pre-recorded videos and real-time program options	<ul style="list-style-type: none">• Virtual program offerings: pre-recorded videos and real-time program options	<ul style="list-style-type: none">• A range of pre-recorded videos and real-time virtual programs for all age groups: children, youth and adults, as well as events for families	<ul style="list-style-type: none">• Significant financial hit due to cancelled in-person fundraising events and overall economic impact of COVID on CAN's donors and supporters

Phase 2

Ended:
August
2020

In-Person Opportunities: Programs & Training	Regional Offerings	Types of Programs	Virtual Programs	Fundraising
<ul style="list-style-type: none">Limited scale of in-person programs and events with COVID-19 safety protocols piloted in the Lower Mainland <i>(for children, youth/adults and families)</i>Training workshops continue to be available online only	<ul style="list-style-type: none">Small pilots occur in the Lower Mainland only	<ul style="list-style-type: none">Some CAN programs may not be available due to safety and provincial health orders <i>(e.g., swimming lessons, Overnight Camp, most family events)</i>	<ul style="list-style-type: none">Continue to offer virtual programming for all age groups	<ul style="list-style-type: none">Significant financial impact due to no large in-person fundraising events and economic challenges faced by CAN supporters



Phase 1:
March-July 2020

Phase 2:
August 2020

Phase 3:
Fall 2020 onwards

Phase 4:
TBD

Where We Are Now: Overview

Programs, Training, and Events

- **In-person programming scales up** with COVID-19 safety protocols in place (eg. Kelowna, Nanaimo and other areas as funding allows)
- **Additional programs** that allow for physical distancing may be offered
- **Virtual programming continues**
- **Training workshops available** online only
- **Significant financial impact** due to group size limitations on in-person fundraising events

Phase 3

Fall 2020
onwards

Where We
Are Now

In-Person Opportunities: Programs & Training	Regional Offerings	Types of Programs	Virtual Programs	Fundraising
<ul style="list-style-type: none">• In-person programming scales up with COVID-19 safety protocols in place• Goal to increase program offerings by up to 25% per season (<i>contingent on provincial health orders, facility availability, and funding</i>)• CAN training available online, with select in-person training events; training for community groups encourages inclusive programming during COVID• CAN program staff are provided with extensive, mandatory training on how to implement programs with COVID-19 safety protocols	<ul style="list-style-type: none">• Programs are slowly added in Kelowna, Nanaimo and other areas as funding allows	<ul style="list-style-type: none">• Some CAN programs may not be available due to safety and provincial health orders (<i>e.g., swimming lessons, family events, etc.</i>)• Additional programs that allow for physical distancing may be offered (<i>contingent on funding and facility availability</i>)	<ul style="list-style-type: none">• Virtual programming continues for members who are more comfortable with this platform or who cannot access in-person programs due to their geographic location	<ul style="list-style-type: none">• Significant financial impact due to group size limitations on in-person fundraising events





Looking Ahead: Overview

Phase 4 | TBD

- **In-person programming scales resumes to pre-COVID levels** with safety protocols in place (eg. Kelowna, Nanaimo and other areas as funding allows)
- **All pre-COVID programs resume**
- **Limited virtual program offerings** for members who prefer the platform and in remote communities
- **Large fundraising and third-party events resume** pending local health orders

Phase 4

TBD

Post COVID
(Vaccine,
effective
treatment
or herd
immunity)

In-Person Opportunities: Programs & Training	Regional Offerings	Types of Programs	Virtual Programs	Fundraising
<ul style="list-style-type: none">CAN in-person programming resumes to pre-COVID-19 levelsCAN training delivery resumes to pre-COVID-19 levels	<ul style="list-style-type: none">Program expansion continues as planned prior to COVID, as funding allows	<ul style="list-style-type: none">All pre-COVID programs resume (e.g., swimming lessons, skate, gym-based programs, most family events, etc.)	<ul style="list-style-type: none">Limited virtual programming remains available for members who prefer this platform and for communities where CAN does not offer in-person programs	<ul style="list-style-type: none">Large fundraising and third-party events resume; funding is expected to slowly revert to pre-COVID levels

